



CareLink
Wellness Services



BALANCE SCREENING DAYS

WHERE: Jamestown Senior Center

WHEN: 01/10/2024 @ 12:00-3:00pm

CALL: 423-2658

SIGN UP FOR 15 MINUTE PHYSICAL SCREEN AND 15 MINUTE
HEARING SCREEN

Screens are necessary for those planning to take the **Tai Ji Quan Moving
for Better Balance** class beginning **01/22/2023**.